



Free Baby Clinic

CHILD HEALTH NURSE IN-STORE

Every Thursday 9.00am - 1.00pm

NO APPOINTMENT NECESSARY



Promoting Health and Happiness

Cedar Park Shopping Centre
1 Swordfish Avenue
Taranganba Qld 4703

Telephone 07 4939 4866

Email cooee@ccpharm.net.au

www.cooeebaypharmacy.com.au



Promoting Health and Happiness

Consultations with our Child Health Nurse are FREE & offer support & guidance to parents of infants & children.

Free Baby Clinic Services:

- Bring your baby's **Personal Health Record** so our Child Health Nurse can record and assess growth and development including:
 - Height
 - Weight
 - Head circumference
- Postnatal and breast feeding support and information
- Assistance with infant nutrition including introduction of solids
- Referral to support services with the community as well as general health and wellbeing advice for the whole family
- Parenting assistance and guidance with:
 - Teething
 - Settling techniques
 - Sleep problems
 - Behavioural concerns
 - Temper tantrums
 - Toilet training

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